Sensitivity of Arctic Climate Variability to Mean State: Insights from the Cretaceous

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ABSTRACT

This study investigates Arctic climate variability during a period of extreme warmth using the Community Climate System Model, version 3 (CCSM3) coupled ocean–atmosphere general circulation model. Four mid-Cretaceous simulations were completed with different CO2 levels (1, 10, and 16 times preindustrial levels with dynamic vegetation) and vegetation treatments (10 times with specified uniform bare ground). The magnitude and frequency of Arctic temperature variability is highly sensitive to the mean state and high-latitude upper-ocean static stability. As stability increases with a rise in CO2 levels from 1 to 10 times preindustrial levels, the frequency of temperature variability increases from decades (1x) to centuries (10x with bare ground) and longer (10x) and the peak-to-peak magnitude increases from 0.18°C (for 1x) to 2.8°C (for 10x). In the 16x simulation with a highly stratified ocean, Arctic temperature variability is low with peak-to-peak magnitudes 0.58°C. Under low CO2, Arctic climate variability is tied to sensible heat release from the ocean during movement of the sea ice margin. In absence of substantial sea ice, variability is driven by mass transport and upper-ocean salinity advection into the Arctic. In both cases, destruction of low-level clouds acts as an important feedback on low-level warming. The authors also report a link between unforced Arctic climate variability and North Pacific meridional overturning with warming events leading intensification. These results suggest that the nature of Arctic climate variability was likely much different in past climates and is likely to be so in the future.

1. Introduction

On submillennial time scales, internal natural variability is a substantial component of Earth’s climate variability. The nature (amplitude, frequency) of unforced climate variability is tied to the mean state of the climate. This conclusion is supported, for example, by modern observational evidence that El Niño events have intensified in the central Pacific as a result of climate change (Lee and McPhaden 2010), paleoclimate evidence suggesting that the magnitude and frequency of El Niño were different in the past (e.g., Sandweiss et al. 2001; Stott et al. 2002; Koutavas and Joanides 2012), and numerical models that predict shifts in the character of natural variability under greenhouse and orbital forcing (e.g., Clement et al. 2001; Timmermann et al. 1999). Understanding how natural variability is modulated as a function of mean state is essential to predicting both future and past climate variability. This question is particularly relevant in the Arctic, a region that is currently undergoing rapid warming and sea ice decline (e.g., Parkinson et al. 1999; Comiso 2002) and in the distant past was seasonally ice free (e.g., Jenkyns et al. 2004).

During the last 100 years, the Arctic region (70°–90°N) has experienced decadal and multidecadal variability in surface temperature and sea ice (Vinje 2001; Polyakov 2002). Although human activities have undoubtedly contributed (Johannessen et al. 2004), internal natural variability involving ocean–atmosphere interactions is a substantial, if not primary, source of this high-frequency climate variability (Polyakov 2002; Goosse and Holland 2005). During the twentieth century, the Arctic region experienced two multidecadal warm events with annual surface temperature increases of 1.7°C and greater...
The cause of these events is not known with certainty but is thought to involve natural ocean–atmosphere variability and Arctic sea ice retreat. Analyses of Arctic climate variability in the ECHAM and the Community Climate System Model (CCSM) climate models support this conclusion. Both models exhibit Arctic warm events, similar to those observed, which are triggered by westerly wind anomalies in the North Atlantic, enhancement of upper-level warm seawater transport through the Barents Sea, and Arctic sea ice retreat (Bengtsson et al. 2004; Goosse and Holland 2005).

The character of Arctic climate variability in a warmer climate without annual sea ice cover is unknown, but is relevant to both past and future times. The Cretaceous was a past period of exceptional warmth, attributed mainly to high partial pressure of carbon dioxide (in the range of 700 and >4000 ppmv; Bice and Norris 2002) as a result of high background rates of volcanic degassing (Schlanger et al. 1981; Larson 1991). Cretaceous fossil evidence, including chameosaurus (crocodilian-like reptiles), turtles, and breadfruit trees in Arctic regions that today are home to polar bears and permafrost, provide compelling evidence of past warmth (Tarduno et al. 1998; Jenkyns et al. 2004). Warm continental conditions are also indicated by leaf margin analyses of angiosperm floras from northeast Asia and Alaska (paleolatitudes between 68° and 80°N), which support mean-annual temperatures (MATs) between ~8°C and 14°C (Spicer and Herman 2010). In addition, paleotemperatures inferred from the composition of membrane lipids from Cretaceous marine plankton (TEX86) suggest that polar waters exceeded 15°C during summer (Jenkyns et al. 2004; Davies et al. 2009).

Paleoclimate model simulations of the Cretaceous (and other warm periods) consistently underestimate Arctic and high-latitude continental warmth and overestimate the equator-to-pole temperature gradient (Barron 1983; Poulsen et al. 1999; Poulsen 2004; Kump and Pollard 2008; Spicer et al. 2008; Zhou et al. 2008). While uncertainties in boundary conditions (e.g., geography, CO2, and land surface characteristics) and geologic proxy data may contribute, the model-data misfit is a strong indication of deficiencies in the ability of models to adequately simulate polar climates during warm periods (Poulsen 2004; Spicer et al. 2008). To further investigate this issue, we have developed mid-Cretaceous (Albian–Turonian) climate simulations using the National Center for Atmospheric Research (NCAR) CCSM, version 3 (CCSM3) with CO2 levels near the upper range of proxy estimates (from 1 to 16 times preindustrial atmospheric levels). To date, most Cretaceous paleoclimate modeling studies have focused on the representation of the mean climate (e.g., Barron and Peterson 1990; Brady et al. 1998; Poulsen et al. 2001; Otto-Bliesner et al. 2002; Donnadieu et al. 2006; Zhou et al. 2012). Here we evaluate both the mean climate and the unforced Arctic climate variability in our Cretaceous simulations and demonstrate that the variability is directly a function of the mean climate state. Although the Cretaceous is far from a perfect analog for a future because of differences in continental position and configuration, these simulations provide general lessons about Arctic climate variability in warmer climate states.

2. Methodology

The Cretaceous simulations were developed using the NCAR CCSM3, a fully coupled ocean–atmosphere–ice–land surface with dynamic global vegetation global climate model (Collins et al. 2006). The atmospheric model, the NCAR Community Atmosphere Model, version 3 (CAM3), is run with a T31 spectral resolution (~(3.75° × 3.75°)) and 26 vertical levels. The land surface model, the Community Land Model, version 3.0 (CLM3.0) (Dickinson et al. 2006), has the same horizontal resolution as CAM3 and is coupled to the Lund–Potsdam–Jena dynamic vegetation model (DVGM) (Levis et al. 2004). A river transport model routes all runoff to the oceans. River drainage routes were based on surface topography such that flow runs downhill and prevents interior drainage. The ocean model, the Parallel Ocean Model (POP) (Smith and Gent 2002), has a nominal horizontal resolution of 3.0° and 25 vertical levels. Convergence of ocean gridcell volumes at the poles can require very small computational time steps to maintain stability. To avoid this problem, the grid at the North Pole is often displaced over land. In preindustrial simulations, for example, the pole is placed over Greenland (Otto-Bliesner et al. 2006b). In our Cretaceous simulations, the pole is located over Eurasia (75°N, 120°E). All experiments use the same vertical and horizontal mixing parameterizations and values. Vertical mixing is represented using the fully implicit K-profile parameterization (KPP) mixing parameterization with a background vertical diffusivity of 0.524 cm² s⁻¹. Horizontal mixing of tracers is performed using the Gent–McWilliam parameterization, which forces mixing to occur along isopycnals. Horizontal mixing of momentum uses a parameterization that allows for anisotropic mixing. The sea ice component of CCSM uses the Community Sea Ice Model (CSI) at the same resolution as POP with five variable-thickness layers and includes an elastic-viscous-plastic (EVP) scheme. Sea ice forms through either surface cooling (i.e., formation of frazil ice), congelation at the ice base, or through flooding of snow-covered ice. Snow...
and ice albedo is a function of the spectral band (visible and near infrared), snow thickness, ice thickness, and surface temperature, which is used to approximate melting snow and ponding albedos. Brine is rejected during frazil ice formation (Briegleb et al. 2004). This low-resolution version of CCSM has been shown to produce a climatology that is comparable to higher-resolution versions (Yeager et al. 2006) and has been widely used to study past cold and warm climate (e.g., Kiehl and Shields 2005; Otto-Bliesner et al. 2006a; Winguth et al. 2010) as well as future global warming (Bryan et al. 2006).

We completed four simulations with mid-Cretaceous paleogeography (from the PALEOMAP project; Scotese 2001) and paleobathymetry (modified after Poulsen et al. 2003), reduced solar constant (99% of present, 1353 W m$^{-2}$) (Gough 1981), and preindustrial trace gas concentrations (760 ppb CH$_4$ and 270 ppb NO$_2$). Because our simulations are intended to represent climate conditions that prevailed over geologic time scales, Earth’s orbital characteristics (eccentricity = 0; obliquity = 23.0°) were chosen to minimize their influence. Three simulations were run with the DGVM (Levis et al. 2004) and differ only in their atmospheric CO$_2$ levels, which are prescribed at preindustrial (designated 1xv and equal to 280 ppmv), 10 times preindustrial (10xv; 2800 ppmv), and 16 times preindustrial levels (16xv; 4480 ppmv). A fourth simulation (10xn) was completed with 10 times preindustrial CO$_2$ (pCO$_2$) levels and bare (i.e., no vegetation) land surfaces. The mean climate simulated in these experiments, and the influence of vegetation on the climate, are described in Zhou et al. (2012). We include the bare-ground simulation in the analysis below because it demonstrates the great sensitivity of Arctic variability and ocean stability to the background climate state.

In our experience using coupled ocean–atmosphere models, the deep ocean reaches equilibrium faster when the ocean is cooling, mainly due to more vigorous convective mixing. Thus, to expedite the convergence to radiative equilibrium, all simulations are branch runs initialized from a preexisting Cretaceous experiment (Otto-Bliesner et al. 2002). The simulations were run for 2125, 1637, 1626, and 1615 yr for the 1xv, 10xv, 10xn, and 16xv experiments, respectively. Trends in global ocean temperature are small in all experiments (approximately 0.1°C century$^{-1}$ over the last 200 yr). The last 1000 yr of each run are analyzed.

In the analysis that follows, climate anomalies were calculated by removing a second-order polynomial least squares fit for the 1xv, 10xn, and 16xv experiments and by removing the mean value for the 10xv experiment prior to analysis. We treat the 10xv experiment differently because there are clearly two stable modes of Arctic climate (one between the years 500 and 800 and the other after year 900); a removal of least squares fit would introduce artificial variability to the time series. To filter high-frequency (interannual) variability, an 11-yr running mean was applied to all data. Statistical significance is computed using a two-sided t test. In our analyses, the Arctic is defined as the region north of 70°N.

3. Simulation of Cretaceous climate
a. Cretaceous mean climate

At preindustrial greenhouse gas (GHG) levels (1xv), the Cretaceous mean-annual global surface temperature is 13.6°C (Table 1), approximately 0.1°C greater than a preindustrial CCSM3 simulation (Otto-Bliesner et al. 2006b), despite a reduced solar luminosity. The higher Cretaceous temperature is mainly attributed to the larger ocean fraction in the Cretaceous relative to the modern, which reduces low-latitude albedo and enhances surface evaporation leading to greater atmospheric humidity and greenhouse forcing. Cretaceous Antarctic surface temperatures are substantially higher than preindustrial because of the absence of an Antarctic ice sheet; nonetheless, the continental interior remains snow-covered throughout the year with annual surface temperatures below −20°C (Fig. 1a). The Northern Hemisphere sea ice area (15.6 × 10$^6$ km$^2$) is 17.2% higher than in a preindustrial CCSM3 simulation, a consequence of larger ocean area (by 16.1%) in the Cretaceous Arctic. Perennial sea ice covers the Arctic Ocean, the southward limb of the subpolar gyre in the Northern Pacific, and the Antarctic margin (Fig. 5a).

In the high CO$_2$ simulations, mean-annual global surface temperatures are 23.1°C (10xn), 24.0°C (10xv), and 25.6°C (16xv) (Table 1). Mean-annual low-latitude sea surface temperatures (SSTs) are similar between experiments and range between 30°C and 34°C (Table 1; Fig. 1), values that are consistent with proxy paleotemperatures estimated using oxygen isotope and TEX$_{86}$. 

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<th>YEAR</th>
<th>1xv 10xv 10xn 16xv</th>
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<tr>
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<tr>
<td>10xv</td>
<td>24.0 23.1 25.6</td>
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<tr>
<td>10xn</td>
<td>25.6 24.0 23.1</td>
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<tr>
<td>16xv</td>
<td>25.6 24.0 23.1</td>
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Table 1: Mean-annual surface (MAT) and ocean temperatures averaged over the final 50 yr of each Cretaceous simulation (1xv has 280 ppmv CO$_2$ and dynamic vegetation; 10xv has 2800 ppmv CO$_2$ and bare ground; 10xn has 2800 ppmv CO$_2$ and dynamic vegetation; and 16xv has 4880 ppmv CO$_2$ and dynamic vegetation). In the 10xv case, values are shown for the postwarming period (see text for description).
paleothermometry (e.g., Norris et al. 2002; Wilson et al. 2002; Schouten et al. 2003). Arctic SSTs are 6.3 °C (10xn), 8.4 °C (10xv), and 9.5 °C (16xv) in the annual mean and 10.0 °C (10xn), 12.8 °C (10xv), and 14.0 °C (16xv) in June–July–August. Cretaceous SST estimates using the TEX86 method indicate that summer Arctic temperatures likely exceeded 15 °C (Jenkyns et al. 2004; Davies et al. 2009), indicating that even with extreme pCO2 levels CCSM3 underestimates high-latitude SSTs, a problem that is not unique to CCSM3 (e.g., Poulsen 2004; Spicer et al. 2008).

Winter sea ice develops along the coast of Eurasia in the North Pacific and Arctic Oceans in the 10x experiments, but is absent in the 16x experiment. The 1xv Cretaceous experiment has a global average ocean temperature of 1.9 °C and exhibits a vigorous overturning circulation in the paleo-Pacific Ocean. Deep waters are formed in both the northern North Pacific Ocean and the South Pacific Ocean along the Antarctic coast. The maximum intensity of the Northern Hemisphere meridional overturning circulation (NMOC) at depths greater than 500 m is 20.6 Sv (1 Sv = 10^6 m^3 s^-1; Fig. 2a), somewhat greater than the preindustrial North Atlantic MOC intensity (21.0 Sv; Otto-Bliesner et al. 2006b).

Global average ocean temperatures rise to 7.1 °C (10xn), 7.8 °C (10xv), and 9.0 °C (16xv) in the high CO2 simulations (Table 1). In general, the Cretaceous NMOC weakens and shallows with higher pCO2 and warmer temperatures (Figs. 2a–d; Table 1), a response that is consistent with future warming scenarios with the same model resolution (Bryan et al. 2006). However, the NMOC response to pCO2 is highly nonlinear and as described below is linked to heat and salinity transports in the North Pacific Ocean. The change in NMOC intensity between the 1xv and 10xn experiments, despite a significant global temperature increase, is small (~1 Sv). In contrast, NMOC intensity differs by 8.7 Sv between the 10xv and 16xv experiments. At higher pCO2, deep waters form mainly in the northern North Pacific Ocean.

b. Low-frequency Arctic SST variability

The Cretaceous 1xv simulation exhibits low-frequency variability that is similar in amplitude and frequency to modern Arctic variability (e.g., Goosse and Holland 2005; Polyakov and Johnson 2000). Arctic mean-annual
SSTs vary at multidecadal frequencies with dominant periods of ~62 and 99 yr and standard deviation of 0.5°C (Figs. 3a and 4a). The peak-to-peak amplitude of Arctic SSTs is up to 2°C. Locally SST anomalies exceed 5°C in the North Pacific and are associated with expansion/retreat of the sea ice margin (Fig. 5). Anomalies larger than one standard deviation last no longer than 50 yr during the 1000-yr iteration. Arctic SST variability is tightly linked to sea ice. The maximum time-lag correlation between Arctic SST and sea ice is 0.98 (99%) with 0 lag.

Arctic SST variability on multidecadal time scales is damped and lengthened with higher pCO₂ and the corresponding reduction in sea ice. The 10x experiments demonstrate multidecadal SST variability with peak-to-peak amplitudes of <1.0°C (Figs. 3b,c), less than that exhibited in the 1xv case. In the 16xv experiment, the multidecadal variability is further diminished with peak-to-peak multidecadal changes of <0.6°C and no significant period. In the 10x cases, multidecadal variability is surpassed in magnitude by centennial-scale and abrupt climate changes. In the 10xn experiment, centennial SST variations (with a dominant period of ~333 yr, Fig. 4b) have peak-to-peak amplitudes of >2°C, comparable to the maximum multidecadal amplitudes observed in the 1xv experiment, that persist up to 150 yr (Fig. 3b). The 10xv experiment lacks persistent centennial variability, but undergoes an abrupt Arctic climate warming of ~2°C starting at year 805. The warming occurs over a 30-yr period at a rate of 0.53°C decade⁻¹ and endures for the remainder of the run (>800 yr). (The periods before and after the abrupt warming are referred throughout the text as prewarming and postwarming phases.) Arctic warming events in both 10x simulations are characterized by SST increases of up to 5°C in the Arctic Ocean near the Bering Strait and in the midlatitude western Pacific Ocean (Figs. 6a,c,d).

c. Sources of Cretaceous Arctic SST variability

In the modern Arctic, low-frequency SST variability is dominated by ocean exchange and heat transport
(OHT) into the Barents Sea (Goosse and Holland 2005; Jungclaus and Koenigk 2010). Because the North Atlantic basin did not undergo extensive rifting until the mid-Paleocene or Early Eocene and is therefore very narrow in our experiments, North Atlantic Ocean exchange with the Arctic is very limited in the Cretaceous simulations. Rather, the greatest ocean exchange with the Arctic occurs in the northern North Pacific through a shallow (<200 m in our simulations) Bering Strait, which was also an important avenue of faunal interchange until the Late Cretaceous (Iba et al. 2011). In this region, as in the modern climate, Arctic low-frequency temperature variability is significantly correlated with ocean heat exchange in the Cretaceous 1xv and 10xn experiments and in the prewarming phase of the 10xv simulation (Figs. 7a–c; Table 2). The positive correlation

![Figure 3](image-url)
is strongest when OHT anomalies at 70°N lead Arctic SST anomalies by a few years with maximum correlations of 0.5 in the 1xv run (−2-yr lead) and >0.9 in the 10xn and prewarming phase of the 10xv runs (10xv pre; ~5-yr lead). In contrast, OHT anomalies lag Arctic SST anomalies in the postwarming phase (years 900–1600) of the 10xv experiment (10xv post) and are not significantly correlated in the 16xv experiment (Figs. 7d,e; Table 2).

OHT variability in the modern Arctic has been linked to large-scale atmospheric circulation changes (e.g., Dickson et al. 2000), large-scale oceanic changes involving the North Atlantic meridional overturning circulation (e.g., Delworth et al. 1993), or through regional coupled ocean–atmosphere processes (e.g., Bengtsson et al. 2004). To evaluate the role of high-latitude atmospheric processes, we examine and compare atmospheric heat transport (AHT) at 70°N to OHT (Fig. 7). AHT anomalies are similar in magnitude and are significantly anticorrelated ($r = 0.69$, $0.94$, and $0.81$) with OHT in the 1xv, 10xn, and prewarming phase of the 10xv experiments (Fig. 7; Table 2). The strong linkage between AHT and OHT weakens in the postwarming phase of the 10xv and 16xv experiments ($r = 0.38$ and $0.31$). AHT is also significantly ($r = 0.45$) anticorrelated

![Fig. 4. Periodogram of Arctic surface temperatures for (a) 1xv and (b) 10xn simulations. The spectrum is calculated using a forward Fourier transform and hanning window over the detrended 1000-yr Arctic surface temperatures. Gray lines signify the red noise spectrum (solid line) and the 5% and 95% confidence intervals (dashed lines). Spectral values (black line) that are greater than the red noise upper confidence level are interpreted as statistically significant.](image)

**Fig. 4.** Periodogram of Arctic surface temperatures for (a) 1xv and (b) 10xn simulations. The spectrum is calculated using a forward Fourier transform and hanning window over the detrended 1000-yr Arctic surface temperatures. Gray lines signify the red noise spectrum (solid line) and the 5% and 95% confidence intervals (dashed lines). Spectral values (black line) that are greater than the red noise upper confidence level are interpreted as statistically significant.

![a) Sea-ice fraction b) Sea-ice anomaly c) Surface temperature anomaly](image)

**Fig. 5.** Mean-annual (a) sea-ice fraction (%), (b) sea-ice fraction anomaly (%), and (c) surface temperature anomaly (°C) for the 1xv simulation. Anomalies represent the difference between warm (average of years 1615–25) and cold (average of years 1655–65) events.
with Arctic surface temperature in the 1xv case with a lead of ~13 yr, whereas in the 10x experiments maximum anticorrelations (<−0.8) are essentially instantaneous (Figs. 7a–c; Table 2). This analysis suggests that atmospheric processes may drive ocean heat transport in the 1xv case, but are likely responding to upper-ocean conditions in the 10x simulations.

To evaluate the relationship between MOC and OHT in our experiments, we compare NMOC, which serves a similar role in the Cretaceous experiments as the modern North Atlantic MOC, and mid- and high-latitude oceanic heat transport. In the 1xv, 10xn, and 10xv experiments, NMOC exhibits variability on multidecadal and longer time scales with maximum amplitudes of ~6 Sv (Fig. 8), representing low-frequency changes of >20% (Fig. 8). NMOC is tightly linked to midlatitude (44°N) OHT in all Cretaceous experiments (Fig. 8) with regression coefficients of 0.027 (1xv, $r^2 > 0.9$), 0.034 (10xn, $r^2 > 0.9$), 0.035 (10xv, $r^2 > 0.9$), and 0.032 PW Sv$^{-1}$ (16xv, $r^2 = 0.77$) at a 0-yr lag. However, in the 1xv, 10xn, and prewarming phase of the 10xv experiment, maximum significant correlations occur when high-latitude (70°N) OHT is leading NMOC (Table 2), suggesting that the overturning circulation is not driving OHT and SST anomalies in the Arctic. In the 16xv run, NMOC leads high-latitude OHT, but accounts for less than 16% of the OHT variability ($r = 0.36$ at a phase of 2–3 yr, Table 2).

The character and source of Arctic climate variability differs as a function of mean state. In the following sections, we examine mechanisms of Arctic variability under different CO$_2$ levels.
d. Cretaceous Arctic variability under preindustrial (1 times) CO₂ levels

At preindustrial CO₂ levels, and in contrast with simulations under elevated CO₂, Arctic temperature variability is tightly coupled and driven by North Pacific sea ice extent (Fig. 3a). The largest warming and cooling events are associated with below- and above-average sea ice areas. Moreover, both sea surface temperature anomalies and sea ice expansion–retreat are centered in the northern North Pacific (Fig. 5). As in the modern, sea ice variability is likely linked to unforced, internal atmospheric variability. To characterize this variability, we calculate the empirical orthogonal function (EOF) of annual mean sea level pressure (SLP) anomalies. The leading EOF, which accounts for 28.5% of the variability, is characterized by opposite SLP anomalies over the Arctic and midlatitudes (Fig. 9a), a pattern that is

![Fig. 7. Lag correlation between northward heat transport (in PW = 10^{15} W) and Arctic surface temperature (°C). Correlations are shown for experiments (a) 1xv between 1120 and 2120; (b) 10xn between 600 and 1600; (c) 10xv between 600 and 900; (d) 10xv between 900 and 1600; and (e) 16xv between 600 and 1600. The solid line denotes ocean heat transport at 70°N (OHT70N). The dashed line is atmospheric heat transport at 70°N (AHT70N). By definition, positive (negative) lag indicates that Arctic temperature anomalies lead (lag) heat transports. The two gray dashed lines show the 99% significance level.](image)

<table>
<thead>
<tr>
<th>Experiment</th>
<th>OHT/SAT</th>
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<th>AHT/SAT</th>
<th>OHT/NMOC</th>
<th>CRF/SAT</th>
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<td>0.71 (4 to 5)</td>
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<td>-0.91 (-1 to 6)</td>
<td>0.79 (5 to 8)</td>
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<td>-0.94 (-4 to 0)</td>
<td>0.62 (50)</td>
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<tr>
<td>10xv post</td>
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<td>—</td>
<td>0.69 (0)</td>
</tr>
<tr>
<td>16xv</td>
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<td>-0.31 (-1)</td>
<td>—</td>
<td>0.37 (-4 to -2)</td>
<td>0.59 (0)</td>
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reminiscent of the modern Arctic Oscillation, an important source of modern sea ice variability (Rigor et al. 2002). The leading EOF of SLP is anticorrelated with Northern Hemisphere sea ice area ($r = -0.43$ with a lead of 0–4 yr), suggesting a modest link between anomalously high (low) polar SLP and low (high) sea ice cover. The second and third EOFs of SLP account for 15.5% and 8.3% of the variability, respectively, and exhibit patterns with variability centered over the northern North Pacific, the region of greatest sea ice activity (cf. Figs. 5b and 9b,c). As such, these patterns are likely symptoms rather than causes of sea ice melting–growing.

Regardless of origin, sea ice change is amplified through positive feedbacks involving ocean heat transport in the

![Fig. 8. Time series of northward OHT anomalies (PW) at 44°N (dashed gray line) and maximum NMOC anomalies (black line). OHT and NMOC anomalies are shown for the (a) 1xv, (b) 10xn, (c) 10xv, and (d) 16xv experiments. NMOC is the maximum Northern Hemisphere meridional overturning streamfunction (Sv) at depths > 500 m.](image-url)
northern North Pacific. In support of this conclusion, sea-ice area is highly anticorrelated ($r = -0.78$) with high-latitude OHT with a lead of 0–1 yr. The barotropic streamfunction response to warming is consistent with this result: the streamfunction decreases (indicating an increase in cyclonic flow) in the western North Pacific (Figs. 10a,d), enhancing warm water advection and heat transport into previously sea ice–covered areas. Low-level warming in the northwest North Pacific also disrupts the low-level inversion leading to a reduction in stratus clouds. In CCSM, stratus clouds have a positive radiative forcing over sea ice, where they serve to reduce shortwave reflection, and a negative radiative forcing over lower albedo surfaces. Over the subarctic, the former influence prevails; the reduction in low cloud fraction by up to 0.12 (expressed as % in Figs. 11a–c) lowers net cloud radiative forcing and serves as a negative feedback on surface temperature (Figs. 11a,d and 12a; Table 2).

e. Cretaceous Arctic variability under elevated (10 times) CO$_2$ levels

In the absence of substantial sea ice, upper-ocean processes drive simulated Arctic surface temperature variability in the 10xn and prewarming phase of the 10xv experiments. Heat and salinity transport into the Arctic occurs primarily by advection from the subpolar gyre through the Bering Strait. Flow exits the Arctic and reenters the subpolar gyre through a shallow seaway on the Siberian platform. High-latitude mass transport (as indicated by the barotropic streamfunction with negative values representing counterclockwise flow) and OHT into the Arctic through the subpolar gyre are highly correlated ($|r| = 0.8$ at the 99% confidence level at 0 lag) (Fig. 13). During warming episodes, the mass transport of water from the northern North Pacific and through the Arctic increases by $\sim (2–3)$ Sv leading to OHT increases of $\sim (0.08–0.09)$ PW (Figs. 10b,c and 13). This relationship occurs on both centennial time scales in the 10xn experiment (Fig. 13a) and in association with the abrupt warming event in the 10xv experiment (Fig. 13b). Coincident with increases in Arctic exchange, the intensity of the western limb of the subpolar gyre decreases by more than 10 Sv, indicating that the gyre center moves eastward and the total subpolar gyre mass transport decreases (Figs. 10e,f).

Low-frequency variability in OHT and mass transport are closely associated with salinity advection from the North Pacific to the Arctic Ocean. During warm events, seawater salinity increases throughout the Arctic by as much as 5 psu in the vicinity of the Bering Strait (Fig. 14). In both 10x experiments, salinity in the Pacific sector of the Arctic (averaged over 75°–85°N, 160°–240°E) is highly correlated with mass transport through the Bering Strait (10xn, $r = 0.93$ with a lag of $-3$ to 0 yr; 10xv, $r = 0.97$ with a lag of $-2$ to 0 yr), signifying a mechanistic link between salinity and transport. Salinity advection sustains mass transport by lowering the halosteric height of the water column in the Arctic and enhancing the sea surface topographic gradient between subpolar and polar regions by up to 60 cm (not shown).
steepened topographic gradient strengthens and maintains geostrophic exchange between the northern Pacific and Arctic (as indicated by the decrease in barotropic streamfunction at $\sim 75^\circ$N in Figs. 10c,f), promoting continued mass, heat, and salinity transport into the Arctic Ocean.

Arctic warming is amplified and expanded by enhanced ocean-air heat exchange. As described above, geostrophic flow enhances heat transport into the Arctic. The advection of anomalous saline water into the Arctic breaks the polar ocean stratification, intensifying convective mixing to depths of more than 700 m along the southern margin of the Siberian Peninsula (not shown) and contributing to sensible heat release from the ocean surface. As in the 1xv experiment, surface heating reduces lower-troposphere static stability, destroying the low-level inversion at which stratus clouds form and enhancing shallow atmospheric convection. In the absence of sea ice, the reduction in low clouds acts as a positive feedback on the ocean to further amplify surface warming (Table 2). During warm events, low cloud amounts decrease by more than 0.10 in the vicinity of the Siberian Peninsula (Figs. 11b,c) increasing cloud radiative forcing (CRF) by up to 10 W m$^{-2}$ (Figs. 11e,f). CRF serves as a strong instantaneous (lag = 0) positive feedback on Arctic surface air temperature and is characterized by peak-to-peak amplitudes of more than 0.06 PW (Figs. 12b,c), about one-half of high-latitude OHT amplitudes. Surface heating also causes more vigorous atmospheric convection, as evidenced by local increases of up to 1 mm day$^{-1}$ in convective precipitation (not shown).

**FIG. 10.** Mean barotropic streamfunctions (Sv) for (a) 1xv averaged over 1615–25, (b) 10xn averaged over 1090–1110, and (c) 10xv averaged over 900–50. (d)–(f) Differences in the barotropic streamfunction between warm and cold events; (d) 1615–25 minus 1655–65 in 1xn, (e) 1090–1100 minus 960–80 in 10xn, and (f) 900–50 minus 700–50 in 10xv. Hatched shading denote positive values (anticyclonic flow) and light gray denotes negative values (cyclonic flow).
f. Cretaceous Arctic variability under high (10 and 16 times) CO₂ levels

In comparison to the 1x experiments, 10xn, and 10xv prewarming phase of the 10xv experiments, multidecadal Arctic SST variability is muted in the postwarming phase of the 10xv and the 16xv experiments. In both cases, the amplitudes of peak-to-peak Arctic SST variations are less than 0.6°C (Figs. 3c,d) and possess a red noise spectrum. Although there is a statistically significant relationship between Arctic SST and high-latitude OHT in the 10xv postwarming phase, the correlation is weak \( r = -0.4 \) and negative, and OHT lags SST by ~10 yr. Salinity and OHT are not significantly correlated. In the 16xv case, there is no significant correlation between Arctic SST and high-latitude OHT or salinity and OHT. As in the 10xn and prewarming 10xv experiments, Arctic SSTs, low-cloud amounts and cloud radiative forcing are significantly correlated (Table 2). These results suggest that the damping of Arctic climate variability in a warmer climate is related to changes in upper-ocean processes. In confirmation, upper-ocean (100 m) static stability is greater in the postwarming 10xv and 16xv experiments (Fig. 15) due to warming and, in the 16xv case, an enhanced surface moisture flux than in the other experiments. As discussed in section 3d, Arctic temperature variability in the 10xn and prewarming phase of the 10xv experiments is ultimately sustained through surface heat exchange between the ocean and atmosphere. Enhanced static stability reduces this exchange through decreased upper-ocean mixing and leads to a reduction in surface temperature variability.

g. Meridional overturning and Arctic climate variability

The relationship between NMOC and Arctic climate variability varies between experiments. In the 1xv and 10xn experiments, NMOC lags high-latitude OHT by ~5 yr and increases by more than 6 Sv during warm events (Table 2; Figs. 8a,b). The intensification of NMOC in these experiments is a response to increasing North Pacific subpolar potential density through enhanced upper-ocean salinity transport. Densification of the northern
North Pacific increases the meridional density gradient, which, in agreement with theory (e.g., Park 1999) and previous modeling studies (e.g., Hughes and Weaver 1994), stimulates stronger meridional overturning. In support of this conclusion, NMOC and potential density (averaged over 65°–85°N, 150°–250°E) share a positive linear relationship when potential density leads by ~9 yr in the 10xn experiment (Fig. 16a). Notably, the linear relationship between NMOC and potential density (and salinity, not shown) is negative when NMOC leads by ~10 yr (Fig. 16a). This result suggests that while NMOC does not play a role in the onset of warm events it may contribute to the decay of warm events through transport of lower-salinity, lower-density seawater into the Arctic region. Regression coefficients for subpolar barotropic streamfunction and NMOC are consistent with and support these conclusions: when the subpolar streamfunction leads, the linear relationship between streamfunction and NMOC is negative, indicating that times of enhanced mass transport into the Arctic intensify the NMOC (not shown). Conversely, when NMOC leads, the relationship is positive, indicating that enhanced NMOC leads to weakening of the barotropic streamfunction.

The link between NMOC and Arctic climate variability is less clear in the 16xv experiment and the pre-warming phase of the 10xv experiment. Although our correlation analysis produces significant relationships between NMOC and both surface air temperature and potential density, the number of antiphased correlation peaks suggests that these relationships are not robust. The absence of a physical link is not surprising; in both the 16xv experiment and in the early part of the 10xv experiment, NMOC and NMOC variability are weak, particularly in the northern North Pacific region. The abrupt warming event in the 10xv experiment alters the relationship between NMOC and Arctic climate variability. After the warming event, NMOC gradually intensifies from a maximum of ~12 to ~18 Sv and expands poleward, and NMOC variability increases (Figs. 2c,e and 8c). Once vigorous NMOC is established in the North Pacific subpolar region,
lead–lag relationships between NMOC and high-latitude potential density similar to those in the 1xv and 10xn cases are established. It is notable that the regression coefficients between NMOC and potential density are larger by more than a factor of 10 in the 10xv case than in the 10xn case (Fig. 16b), indicating that greater density anomalies are required to produce equivalent NMOC changes. This difference is consistent with the
greater upper-ocean stability in the 10xv case (Fig. 15) and accounts for the absence of warming events after year 850.

The role of NMOC in surface temperature variability in the 10xn and 10xv experiments is revealed in the distinct timing of surface temperature anomalies (Fig. 6). In both simulations, surface temperatures increase by several degrees in the Arctic and in the midlatitudes of the western North Pacific during warm episodes (Figs. 6a,c,d). In the 10xn experiment, because of the fast, large response of NMOC and midlatitude OHT to potential density anomalies in the Arctic region, the warming (and cooling) of these two regions is nearly simultaneous (Figs. 6a,b). In the 10xv experiment, NMOC and NMOC variability are initially weak (Figs. 2e and 8c) and have little influence on surface temperatures. As a result, Arctic warming through upper-ocean processes occurs independently of and precedes midlatitude warming by several centuries. Warming of the western Pacific occurs slowly over a period of more than 400 yr as NMOC steadily intensifies (Fig. 8c). The distinct timing of Arctic and midlatitude warming provides confirmation that two different processes are responsible for temperature variability in these regions.

4. Discussion

a. Influence of mean climate state on Arctic climate variability

The most intriguing conclusion of this study is that the mean state has a significant influence on high-latitude climate variability. Under low CO₂ levels and in the presence of substantial high-latitude sea ice, the frequency of surface temperature variability is higher (decadal to multidecadal time scales) and tightly coupled to sea ice variability in a poorly stratified high-latitude ocean (Fig. 3a). In this case, sea ice variability is likely driven by internal atmospheric variability (e.g.,

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![Figure 15](image1.png)

**FIG. 15.** Zonally averaged static stability (g m⁻²) in the upper 100 m of the North Pacific and Arctic Oceans. Lower (more negative) stability signifies greater ocean stratification.

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![Figure 16](image2.png)

**FIG. 16.** Regression coefficients between NMOC and potential density (PD) anomalies for years (a) 950–1250 in 10xn and (b) 700–950 in the 10xv experiment. The gray shaded area indicates region below the 99% significance level. Negative lag means MOC leads PD.
Arctic oscillation) and amplified by changes in ocean heat transport, as in the modern climate (e.g., Dickson et al. 2000). At higher CO₂ levels and in the absence of substantial sea ice, the frequency is lower and principally linked to upper-ocean stability (Figs. 3b–d). In these simulations, upper-ocean mass transport and salinity advection force Arctic surface temperature variability. The high CO₂ simulations (10xn, 10xv, and 16xv) demonstrate that extreme sensitivity of the Arctic variability to high-latitude freshwater forcing and the background state in a warm world. Both the inclusion of vegetation (through coupling with DVGM) and the increase in atmospheric CO₂ increase Northern Hemisphere high-latitude surface temperatures and precipitation (Zhou et al. 2012), and enhance ocean stratification, leading to drastic differences in Arctic variability.

Our simulations indicate the existence of hysteresis in the Arctic climate, which are dependent on high-latitude temperature through the presence of sea ice and upper-ocean stability (Fig. 17). From this perspective, the 1xv, 10xn, and 16xv simulations represent stable branches characterized by (i) a cold Arctic climate with sea ice and high-frequency, high-magnitude variability; (ii) a cool Arctic climate and low-frequency, high-magnitude variability; and (iii) a warm Arctic climate with damped variability (Fig. 17). The 10xv simulation lays on or near the transition from a cool state that is susceptible to variability to a warmer one that is not. The nonlinear transitions between branches represent points at which near-surface density anomalies (e.g., through salinity advection) become capable (in a cooling climate) or incapable (in a warming climate) of destabilizing the upper-ocean stratification. The location of these transition points is undoubtedly dependent on geography and the particulars of high-latitude freshwater forcing, and is certainly model and possibly resolution dependent to some degree. From the limited number of simulations reported here, it is impossible to know whether additional steady states exist (indicated by dashed lines in Fig. 17) and precisely where the transitions between states occur (indicated by question marks in Fig. 17). These details, and confirmation of the hysteresis behavior under modern geography, will need to be pursued in the future.

b. Implications for Cretaceous polar climates

The mid-Cretaceous was one of the warmest periods in the Phanerozoic, and warmest in the last 100 Ma. Low-latitude sea surface temperatures are estimated to have been ~33°C (±3°C) (Norris et al. 2002; Wilson et al. 2002; Schouten et al. 2003), approximately 6°C warmer than present. High-latitude continents were warm with MATs between ~8°C and 14°C (Spicer and Herman 2010), and Arctic surface water temperatures were at least seasonally greater than ~15°C and ice free (Davies et al. 2009). While Cretaceous warmth is widely attributed to elevated atmospheric CO₂, the extreme polar warm and reduced meridional temperature gradient inferred from proxy data defy simple explanation (Poulsen 2004). A number of solutions have been proposed to solve this problem including enhancement of poleward ocean heat transport (e.g., Covey and Thompson 1989) and radiative warming by high-latitude clouds (Sloan and Pollard 1998; Abbot and Tziperman 2008; Kump and Pollard 2008). These explanations, while compelling, have been viewed somewhat skeptically either because they require special conditions (e.g., enhanced tropospheric methane oxidation, reduction in cloud condensation nuclei concentration) for which geologic evidence does not exist or call on physical mechanisms (enhanced ocean heat transport, polar atmospheric convection) that have not been substantiated. Though polar temperatures in our 10xv simulation are still cooler than the extreme estimates from proxy data, this simulation demonstrates a polar warming mechanism (of 2°C and locally >5°C) involving both regionally enhanced ocean heat transport to the Arctic and increased cloud radiative forcing through enhanced low-level convection and a reduction in low-level clouds that does not require any modifications to existing model physics. The warming, which persists through the remainder of the simulation (>800 yr), is sustained through geostrophic adjustment of the subpolar upper-ocean circulation.
The fact that a relatively small reduction (~0.10; expressed as % in Figs. 11a–c) in low cloud fractions is responsible for about one-half of the Arctic warming in the 10x simulations demonstrates the importance of low clouds in cooling polar regions. In the high CO₂ Cretaceous simulations, total cloud radiative forcing is approximately −17 W m⁻², more than 3 times that in the 1xv simulation (−5.4 W m⁻²). This large difference in cloud radiative forcing is due to the split role of low clouds, which warm high-albedo surfaces and cool low-albedo surfaces (Pierrehumbert 2002). In CCSM3, as in other GCMs (Vavrus et al. 2009), the fraction of low clouds in the modern Arctic is overestimated by up to 0.5 during winter and 0.1 during summer (Vavrus and Waliser 2008), leading to a significant warm bias in the region. Since the low cloud bias is greatest under cold winter conditions and our high-CO₂ Cretaceous simulations are considerably warmer than modern, the low-cloud bias might be significantly reduced. This does not appear to be the case; Arctic low-cloud amounts are 0.62–0.65 in winter and 0.74–0.76 in summer in the 10xn, 10xv, and 16xv simulations, essentially the same as in the modern CCSM3 simulation (e.g., see Fig. 6 in Vavrus and Waliser 2008). If Arctic low clouds were overestimated, it would introduce a substantial cool bias and could be a significant reason for the underestimate of high-latitude temperatures.

c. Meridional overturning circulation in a warm world

The nature of deep-ocean circulation and meridional overturning in the Cretaceous is uncertain and has been a topic of longstanding debate. The occurrence of oceanic anoxic events, intermittent episodes (lasting <500 kyr) of widespread organic-rich black shale deposition during which regions of the subsurface ocean were anoxic or suboxic (OAEs), has been interpreted as evidence that circulation was sluggish with slow turnover rates (and thus low oxygenation rates) as a result of reduced Cretaceous thermal gradients (e.g., Schlanger and Jenkyns 1976; Bralower and Thierstein 1984). Cretaceous coupled ocean–atmosphere simulations, however, predict MOC fluxes similar or greater than modern simulations (e.g., Otto-Bliesner et al. 2002; Brady et al. 1998). In our CCSM3 Cretaceous simulations, to the degree that meridional density gradients are weakened in the ocean, maximum MOC fluxes generally decrease with CO₂ and a reduced equator-to-pole temperature gradient (Fig. 2). However, our 10x experiments demonstrate that freshwater forcing through land surface characteristics (in the 10xv simulation) and salinity advection through the subpolar gyre (in the 10xv simulation) can enhance the meridional density gradient in favor of more vigorous MOC, and that multiple overturning states with relatively strong and weak overturning may exist under high atmospheric CO₂.

Most coupled ocean–atmosphere models for the present day show that the Atlantic meridional overturning circulation weakens as CO₂ levels increase because of warming and freshening of the high-latitude North Atlantic Ocean (Gregory 2005). Our 10xv simulation demonstrates an intrinsic mechanism that could counteract this freshening. In particular, enhanced poleward flow of warmer, saline water from the North Pacific into the Arctic modifies the upper-ocean density structure, weakening the subpolar gyre and enhancing geostrophic transport and mass exchange with the Arctic. These structural changes are self-sustaining and lead to upper-ocean densification and slow intensification of the MOC (Fig. 8c). There is observational evidence that similar processes are happening in the modern North Atlantic. Háčín et al. (2005) report a salinity increase in the Atlantic inflow to the Nordic seas and the Arctic Ocean, which they also attribute to subpolar gyre dynamics and enhanced mass transport into the Arctic.

5. Conclusions

Paleoclimate simulations of the mid-Cretaceous with preindustrial CO₂ levels exhibit unforced multidecadal surface temperature variability in the Arctic that is similar in character to that observed in the modern simulation despite differences in geography. The frequency of Arctic surface temperature decreases in simulations with higher CO₂ (10 and 16 times preindustrial levels.), a response that is linked to the disappearance of widespread Arctic sea ice and an increase in stratification of the upper ocean. At 10 times preindustrial CO₂ values, low-frequency surface temperature variability occurs on centennial and longer time scales. Arctic variability is tied to mass transport and ocean heat transport into the Arctic and is amplified by changes in cloud radiative forcing associated with polar low cloud amounts. At even higher CO₂ values, the upper ocean becomes statically stable and exhibits little surface temperature variability.

Paleoclimate simulations with 1 and 10 times preindustrial CO₂ values exhibit a link between Arctic climate and meridional overturning circulation, with the Northern Hemisphere meridional overturning lagging the Arctic climate and increasing during warm periods. Though meridional overturning circulation does not play a primary role in development of warm events, it may contribute to dissipation of warm events (in our 10xn simulation) through advection of low salinity water into the North Pacific Ocean. Under warmer high-latitude
conditions and greater ocean stratification (our 10xv simulation), the ocean exhibits multiple steady states characterized by weak (strong) meridional overturning and cool (warm) Arctic temperatures.

This study has potential implications for past and future climates. Our simulations demonstrate a mechanism for polar warming involving both increases in ocean heat transport and cloud radiative forcing (without any modification to CCSM3 physics). This mechanism ameliorates the long-standing discrepancy between Cretaceous climate models and proxy data. Finally, our results indicate that past Arctic climate variability was likely much different than the modern climate and raise the possibility that future Arctic climate under higher CO2 levels will be so as well.

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