The Roles of Equatorial Trapped Waves and Internal Inertia–Gravity Waves in Driving the Quasi-Biennial Oscillation. Part I: Zonal Mean Wave Forcing

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ABSTRACT

The roles of equatorial trapped waves (EQWs) and internal inertia–gravity waves in driving the quasi-biennial oscillation (QBO) are investigated using a high-resolution atmospheric general circulation model with T213L256 resolution (60-km horizontal and 300-m vertical resolution) integrated for three years. The model, which does not use a gravity wave drag parameterization, simulates a QBO. Although the simulated QBO has a shorter period than that of the real atmosphere, its amplitudes and structure in the lower stratosphere are fairly realistic. The zonal wavenumber/frequency spectra of simulated outgoing longwave radiation represent realistic signals of convectively coupled EQWs. Clear signals of EQWs are also seen in the stratospheric wind components. In the eastward wind shear of the QBO, eastward EQWs including Kelvin waves contribute up to \(25\%–50\%\) to the driving of the QBO. The peaks of eastward wave forcing associated with EQWs and internal inertia–gravity waves occur at nearly the same time at the same altitude. On the other hand, westward EQWs contribute up to \(10\%\) to driving the QBO during the weak westward wind phase but make almost zero contribution during the relatively strong westward wind phase. Extratropical Rossby waves propagating into the equatorial region contribute \(10\%–25\%\), whereas internal inertia–gravity waves with zonal wavelength \(\approx 1000\) km are the main contributors to the westward wind shear phase of the simulated QBO.

1. Introduction

A large-scale zonal-mean zonal wind oscillation called the quasi-biennial oscillation (QBO) exists in the equatorial lower stratosphere. Previous studies have reported that the QBO is driven by atmospheric waves through wave–mean flow interaction (cf. Baldwin et al. 2001). Lindzen and Holton (1968) proposed the first successful theory of the QBO. Using a two-dimensional model, they showed that critical-level absorption of a broad spectrum of vertically propagating gravity waves drives the QBO. Holton and Lindzen (1972) refined the work of Lindzen and Holton (1968) by using a one-dimensional model. They proposed that the QBO is driven by eastward-propagating Kelvin waves with zonal wave-number 1 and a 15-day period and westward-propagating mixed Rossby–gravity (MRG) waves with zonal wave-number 4 and a 4-day period, which were discovered from radiosonde observations (Wallace and Kousky 1968; Yanai and Maruyama 1966).

Holton and Lindzen (1972) did not consider the mean upward motion existing in the equatorial lower stratosphere, which has an estimated magnitude of approximately 0.3 mm s\(^{-1}\) (e.g., Mote et al. 1996, 1998; Schoeberl et al. 2008). On the other hand, the downward-propagating speed of the QBO is approximately 0.5 mm s\(^{-1}\). The equatorial mean upward motion makes the QBO phase move upward, whereas the wave forcing makes the QBO phase move downward. Therefore, the wave forcing should have a stronger effect than the equatorial upward flow (Dunkerton 1991). Thus, when realistic equatorial upwelling is included in models, the required total wave flux for the QBO is two to four times larger.
than that of observed large-scale Kelvin and MRG waves (Takahashi and Boville 1992; Baldwin et al. 2001 and references therein).

Recently, Ern and Preusse (2009) estimated the wave forcing associated with Kelvin waves with zonal wavenumber 1–6 using Sounding of the Atmosphere using Broadband Emission Radiometry (SABER) data. They indicated that the contribution of Kelvin waves is only 20%–30% of the expected total wave forcing during the eastward wind shear phase of the QBO. A broad spectrum of waves exists in the tropics, and many of these waves contribute to driving the QBO (Baldwin et al. 2001). A combination of Kelvin, MRG, other equatorial trapped waves (EQWs), and internal inertia–gravity waves (for simplicity, referred to hereafter as “internal gravity waves”) is believed to provide most of the moment flux needed to drive the QBO (Dunkerton 1997; Sato and Dunkerton 1997). The relatively small temporal and spatial scales of internal gravity waves preclude comprehensive investigations of wave forcing over a wide geographic range using only observational data.

Atmospheric general circulation models (AGCMs) are effective tools with which to study the roles of atmospheric waves in driving the QBO (Takahashi 1996, 1999; Horinouchi and Yoden 1998; Giorgetta et al. 2002, 2006; Hamilton et al. 1999, 2001; Shibata and Deushi 2005a, b; Kawatani et al. 2005). Takahashi (1996) achieved the first realistic simulation of the QBO-like oscillation in an AGCM (for simplicity, we shall hereafter refer to the QBO-like oscillation as the QBO). He used an AGCM with T21 truncation (horizontal resolution of approximately 600 km) that included vertical grid spacing of approximately 500 m so that wave–mean flow interactions between equatorial winds and explicitly resolved waves could be represented. However, in order to obtain the QBO, he had to reduce the horizontal diffusion coefficients to increase the power of waves in the stratosphere.

Horinouchi and Yoden (1998) simulated the QBO using an aquaplanet T42 AGCM with uniform sea surface temperature (SST). They conducted a thorough wave analysis and reported that the gravest symmetric face temperature (SST). They conducted a thorough wave analysis and reported that the gravest symmetric face temperature (SST)

**Model description**

The model used is based on the atmospheric component of version 3.2 of the Model for Interdisciplinary Research on Climate (MIROC), a coupled atmosphere–ocean GCM developed by the Center for Climate System Research (CCSR), the National Institute for Environmental Studies (NIES), and the Frontier Research Center for Global Change (FRCGC; K-1 Model Developers 2004). The atmospheric GCM has been referred to in previous studies as the CCSR/NIES AGCM and CCSR/NIES/FRCGC AGCM. This model has been used for studies of the QBO and/or atmospheric gravity waves (Takahashi 1996, 1999; Sato et al. 1999; Kawatani et al. 2003, 2004, 2005, 2009; Watanabe and Takahashi 2005; Watanabe et al. 2006, 2008, 2009; Watanabe 2008).

The equations used in the model are primitive equations on a sphere; that is, the model is hydrostatic. The model has a horizontal resolution of T213 spectral truncation, which corresponds to a grid interval of approximately...
60 km in the tropics (0.5625°); 256 vertical layers are represented (L256) and the top boundary is at 0.01 hPa (~85 km). The vertical resolution is set to 300 m from the upper troposphere through the whole middle atmosphere.

The cumulus parameterization is based on that reported by Arakawa and Schubert (1974). In the original Arakawa–Schubert scheme, convective precipitation characteristically becomes more frequent and weaker as the horizontal resolution of the GCM increases. To prevent this problem, a relative humidity limit method is incorporated into the cumulus convection scheme (Emori et al. 2001). If the ratio between the vertical integration of the specific humidity and that of the saturation specific humidity from the bottom to the top of a cloud is less than a critical value (here 0.72), the cloud mass flux is set to zero (see Emori et al. 2001 for further details). This method results in the suppression of overly frequent precipitation and the generation of organized convective precipitation. Suzuki et al. (2006) showed that incorporation of this method in the CCSR/NIES/FRCGC AGCM substantially improves the representation of convectively coupled EQWs. The present model also reproduces realistic short-term variability of convection and strength of the subtropical jet were realistic in both hemispheres. Realistic separation between the subtropical jet and the polar night jet was also simulated. More detailed general aspects of the model have been described by Watanabe et al. (2008). In this section, aspects of the simulated QBO and zonal wave forcing with different horizontal scales are discussed.

The Eliassen–Palm flux (EP flux), which is widely used to analyze wave propagation and zonal wave forcing in the meridional plane of zonal-mean zonal wind, is defined as follows in spherical and log-pressure coordinates (Andrews et al. 1987):

\[
F^{(\phi)} = \rho_0 a \cos \phi \left( \tau_{\phi} v^* \nabla^2 \phi z - u^* w^* \right),
\]

\[
F^{(c)} = \rho_0 a \cos \phi \times \left\{ (f - a \cos \phi) \left( \tau_{\phi} v^* \nabla^2 \phi z - u^* w^* \right) \right\},
\]

\[
\mathbf{V} \cdot \mathbf{F} = (a \cos \phi)^{-1} \frac{\partial}{\partial \phi} \left( F^{(\phi)} \cos \phi \right) + \frac{\partial F^{(c)}}{\partial z},
\]

with the zonally averaged momentum equation expressed as

\[
\tau_{\phi} = \nabla^2 \left[ f - (a \cos \phi)^{-1} (\nabla \cos \phi)_\phi \right] - \nabla^2 \tau_{\phi} z
\]

\[
+ (\rho_0 a \cos \phi)^{-1} \mathbf{V} \cdot \mathbf{F} + \mathbf{X}.
\]

In the above equations, \( \rho_0, a, \phi, z, u, v, w, \theta \), and \( f \) are the log-pressure-height-dependent density, the mean radius of the earth, latitude, log-pressure height, zonal wind, meridional wind, vertical wind, potential temperature, and Coriolis parameter \( f = 2\Omega \sin \phi \), where \( \Omega \) is the rotation rate of the earth, respectively. Subscripts \( \phi, z \), and \( t \) denote a meridional, vertical, and time derivative, respectively. The mean residual circulations of the meridional and vertical components are expressed by \( \nabla^2 \) and \( \nabla^2 \). Eastward and westward wave forcing correspond to EP flux divergence and convergence (i.e., \( \mathbf{V} \cdot \mathbf{F} > 0 \) and \( \mathbf{V} \cdot \mathbf{F} < 0 \), respectively.

Figure 1a shows a time–height cross section of monthly mean zonal-mean zonal wind and the EP flux divergence due to all wave components at 10°S–10°N for three years. An obvious QBO with a period of approximately 15 months can be seen. The maximum speed of the
The westward wind at 30 hPa is approximately $-25 \text{ m s}^{-1}$ and that of the eastward wind is 15 m s$^{-1}$ over the equator [a time–height cross section of zonal-mean zonal wind over the equator is shown in Fig. 7 of Watanabe et al. (2008)]. The simulated amplitude of the QBO is consistent with that in the real atmosphere (Naujokat 1986). The westward and eastward winds extend down to approximately 80–100 hPa in the model.
As noted by Dunkerton (2000), wave forcings must be sufficiently strong to bring the QBO down to the lowermost stratosphere above the tropical tropopause, where the largest atmospheric density in the altitude range of the QBO occurs. Therefore, correct downward penetration of the QBO is a stringent test of model realism.

The meridional widths of both eastward and westward wind phases are similar to those in the 40-yr European Centre for Medium-Range Weather Forecasts Re-Analysis (ERA-40) (Uppala et al. 2005) data (see Fig. 5 of Giorgetta et al. 2006) (not shown). The eastward wind phase is narrower in latitude than the westward wind phase. Onset of the eastward wind phase occurs first at the equator, whereas onset of the westward wind phase happens more evenly over the equatorial latitudes (Hamilton 1984; Dunkerton and Delisi 1985). The stratopause semiannual oscillation (SSAO) is also well simulated.

Red and blue colors show eastward and westward wave forcings, which correspond well to the eastward wind shear ($\partial u/\partial z > 0$, where $z$ denotes altitude) and the westward wind shear ($\partial u/\partial z < 0$), respectively. These results indicate that spontaneously generated waves resolved in the model certainly drive the QBO. Maximum eastward wave forcing is located around the 0 m s$^{-1}$ line of the zonal-mean zonal wind. In contrast, the maximum westward wave forcing occurs around the $-10$ m s$^{-1}$ line of the zonal wind. The absolute values of eastward and westward wave forcing are comparable. The downward propagation speed of the eastward wind shear is faster than that of the westward wind shear, but the difference is not as obvious as in the real atmosphere (discussed in Part II of this paper). Eastward shear-zone descent is faster in the model ($\sim 1.6$ km per month) than in the observations ($\sim 1$ km per month), and an even larger difference is found in the westward shear-zone descent. The relationship between wave forcing and the vertical zonal wind shear is also clear at altitudes of the SSAO, indicating that the SSAO is also driven by resolved waves. Detailed analysis of the SSAO will be examined in another paper.

To investigate what horizontal scales of waves contribute to driving the QBO, the EP flux divergences associated with zonal wavenumber ($s$) bands $1 \leq s \leq 11$, $12 \leq s \leq 42$, $43 \leq s \leq 106$, and $107 \leq s \leq 213$ were calculated. Each zonal wavenumber band corresponds to zonal wavelengths $\lambda_s$ of $\sim 3600 \leq \lambda_s \leq 40$ 000 km, $\sim 950 \leq \lambda_s \leq 3300$ km, $\sim 380 \leq \lambda_s \leq 930$ km, and $\sim 180 \leq \lambda_s \leq 370$ km over the equator. Waves with $1 \leq s \leq 11$ include Kelvin waves, MRG waves, other EQWs, large-scale gravity waves, tides, and extratropical Rossby waves propagating into the equatorial region. Waves with $s \leq 42$ could be explicitly resolved by the lower resolution AGCM used for past QBO simulation [the T42 AGCM used by Horinouchi and Yoden (1998), Takahashi (1999), and Giorgetta et al. (2006)], and waves with $s \leq 106$ could be resolved by the higher resolution AGCM (T106 AGCM by Kawatani et al. 2005, 2009). Hamilton et al. (1999, 2001) studied the QBO using AGCMs, including for $s \geq 106$; however, for the N270L40 AGCM ($N$ denotes the number of grid rows between the pole and equator), the highest resolutions of their simulations were only for several months.

Figures 1b–d show the time variation of the EP flux divergence due to $1 \leq s \leq 11$, $12 \leq s \leq 42$, $43 \leq s \leq 106$, and $107 \leq s \leq 213$ at 15, 30, and 45 hPa for three years ($10^\circ$S–$10^\circ$N average). First, zonal wave forcing at 30 hPa is discussed (Fig. 1c). In the eastward wind shear phase, wave forcing due to $1 \leq s \leq 11$ is strongest, and eastward wave forcings due to $12 \leq s \leq 42$, $43 \leq s \leq 106$, and $107 \leq s \leq 213$ are comparable. Wave scales contributing to the westward wind shear of the QBO differ greatly. Westward wave forcing due to $1 \leq s \leq 11$ makes a much smaller contribution than do the other wave forcings. Westward wave forcing due to $42 \leq s \leq 213$ ($\lambda_s \leq \sim 1000$ km) contributes greatly to driving the westward wind shear phase of the QBO. These results are consistent with those of a T42 AGCM study by Giorgetta et al. (2006); resolved large-scale waves are important for the eastward wind shear phase, whereas parameterized gravity wave drag plays crucial roles in the westward wind phase.

The relative contribution of eastward wave forcing due to $1 \leq s \leq 11$ becomes smaller at 15 hPa than at 30 and 45 hPa, but wave scales contributing to the eastward wind shear phase of the QBO do not differ greatly by altitude. On the other hand, the wave scales contributing to the westward wind shear show much dependence on height. At 15 hPa, westward wave forcing due to $1 \leq s \leq 11$ is comparable to that due to other wave forcings (see section 5 for more detailed discussion). On the other hand, westward wave forcing due to $107 \leq s \leq 213$ plays significant roles at 45 hPa. Section 6 discusses the roles of waves with $107 \leq s \leq 213$ in driving the westward wind shear phase of the QBO.

Next, to investigate the zonal phase velocity distribution relative to the ground ($C_s$) of the EP flux, the zonal wavenumber–frequency distribution of the EP flux is calculated as follows:

$$F^{(\phi)}(s, \omega) = p_0a^2 \cos \phi \times \text{Re}[\bar{u} \bar{v}(s, \omega) \bar{u}^\phi(s, \omega)/\bar{u}^2 - \bar{u}(s, \omega) \bar{v}^\phi(s, \omega)].$$

(5)
where an asterisk denotes the complex conjugate; \( \hat{u}, \hat{v}, \) and \( \hat{w} \) are the Fourier coefficients of zonal, meridional, and vertical wind, and \( \theta \) the potential temperature (cf. Horinouchi et al. 2003), respectively. The EP flux divergence is then calculated following Eq. (3).

Figure 2 shows the zonal wavenumber/frequency spectra of the \( F^{(c)} \) and EP flux divergence during the eastward wind shear phase of the QBO at 45–25 hPa in July of the first year (left panels) and the westward wind shear phase at 35–20 hPa in January of the second year (right panels). The altitude range was selected based on the distribution of strong wave forcing (see Fig. 1a). Solid lines depict \( C_x \). Positive zonal wavenumbers correspond to positive \( C_x \) (eastward propagation); negative zonal wavenumbers correspond to negative \( C_x \) (westward propagation).

In the eastward wind shear, \( F^{(c)} \) is mostly distributed in the range of \( C_x \geq 2 \) m s\(^{-1}\) in positive zonal wavenumbers and \( C_x \leq -15 \) m s\(^{-1}\) in negative zonal wavenumbers (Fig. 2a). The spectra of the EP flux divergence indicate that most eastward wave forcing occurs in the range of 2 m s\(^{-1}\) \( \leq C_x \leq 20 \) m s\(^{-1}\) (Fig. 2c). The EP flux divergence with values \( \geq 1 \times 10^{-9} \) m s\(^{-1}\) cpol\(^{-1}\) is distributed up to zonal wavenumber 140 (where cpol is cycles per day). On the other hand, in the westward wind shear, \( F^{(c)} \) is distributed in the range of \( C_x \geq 10 \) m s\(^{-1}\) in positive zonal wavenumbers and \( C_x \leq -5 \) m s\(^{-1}\) in negative zonal wavenumbers (Fig. 2b). The westward wave forcing with values \( \leq -1 \times 10^{-9} \) m s\(^{-1}\) wave-number\(^{-1}\) cpol\(^{-1}\) is distributed in the range of \( -30 \) m s\(^{-1}\) \( \leq C_x \leq -5 \) m s\(^{-1}\) up to zonal wavenumber 180 in the westward wind shear phase (Fig. 2d).

These results demonstrate that westward wave forcing with smaller horizontal scale and faster \( C_x \) dominates in the westward wind shear phase compared to the eastward wave forcing in the eastward wind shear phase. The spectral distributions also suggest that waves with continuous phase–velocity distributions contribute to the QBO, as reported previously (Lindzen and Holton 1968; Dunkerton 1997; Horinouchi and Yoden 1998; Hamilton et al. 2001; Giorgetta et al. 2002).

b. Tropical upwelling due to the Brewer–Dobson circulation

The simulated period of the oscillation is about half that of the QBO in the real atmosphere. Two explanations for the shorter period are possible: one is underestimation of mean ascent motion in the equatorial lower stratosphere that slows the downward phase propagation of the QBO, and the other is overestimation of the wave forcing that drives the QBO.

To quantitatively investigate mean ascent in the equatorial lower stratosphere, the residual vertical velocity is estimated in the transformed Eulerian mean (TEM) equation as follows (Andrews et al. 1987):

\[
\mathbf{\bar{w}}^* = \mathbf{w} + \left( a \cos \phi \right)^{-1} \left( \frac{\cos \phi \mathbf{\bar{u}} - \mathbf{\bar{v}} \cos \phi}{\theta_z} \right).
\]

Figure 3 shows the time–height cross section of \( \mathbf{\bar{w}}^* \) averaged from 10°N to 10°S. The vertical profile of averaged \( \mathbf{\bar{w}}^* \) for two cycles of the QBO (i.e., from January of the first year to June of the third year) is shown in the right panel. The \( \mathbf{\bar{w}}^* \) becomes positive and large during the westward wind shear but becomes negative during the relatively strong eastward wind shear above \( \sim 40 \) hPa. The secondary circulation associated with the QBO is ascent in the westward wind shear and descent in the eastward wind shear (Plumb and Bell 1982). The negative \( \mathbf{\bar{w}}^* \) in the eastward wind shear would result from secondary circulation associated with the QBO being stronger than the climatological ascent motion in the tropics.

The averaged \( \mathbf{\bar{w}}^* \) is approximately 0.33 mm s\(^{-1}\) near 80 hPa, decreases to 0.16 mm s\(^{-1}\) at \( \sim 50 \) hPa, and then rises to 0.24 mm s\(^{-1}\) at \( \sim 15 \) hPa. The averaged \( \mathbf{\bar{w}}^* \) from 70 to 15 hPa is \( \sim 0.18 \) mm s\(^{-1}\). In ERA-40 data, negative \( \mathbf{\bar{w}}^* \) also appears above \( \sim 30 \) hPa during eastward wind shear. The climatological \( \mathbf{\bar{w}}^* \) in ERA-40 data for the period 1979–2001 is \( \sim 0.33 \) mm s\(^{-1}\) from 70 to 15 hPa. Mote et al. (1996) estimated a vertical velocity of 0.2–0.4 mm s\(^{-1}\) between 16 and 32 km (between 100 and 10 hPa) from water vapor tape recorder signals. Schoeberl et al. (2008) estimated that \( \mathbf{\bar{w}}^* \) is approximately 0.4 mm s\(^{-1}\) near 18 km (\( \sim 76 \) hPa) and decreases to 0.3 mm s\(^{-1}\) at 21 km (\( \sim 50 \) hPa). Therefore, the mean \( \mathbf{\bar{w}}^* \) in the model used here might be approximately half that in the real atmosphere, resulting in the shorter period of simulated QBO. Roughly speaking, we expect that, if upwelling in the model were doubled, the rate of eastward shear-zone descent would be reduced by about 0.5 km per month, bringing the total descent rate into better agreement with observations. It is trickier to estimate the effect of increased upwelling on westward shear-zone descent, which might conceivably reach approximately zero at certain times of the year, lengthening the descent time significantly. In any case, it is clear that
the period of the simulated QBO could be increased with realistic upwelling without any substantial reduction of in situ wave forcing.

The model used here overestimates the strength of stratospheric eastward wind in the extratropical winter hemisphere (Watanabe et al. 2008), which implies underestimation of wave forcing due to gravity waves and/or Rossby waves in the mid to high latitudes. Underestimated wave forcing in the mid to high latitudes would result in underestimation of the Brewer–Dobson circulation and, thus, weaker $\mathbf{w}^\ast$ in the tropics. Exploration of the detailed relationship between the period of the QBO and wave forcing in the mid to high latitudes is beyond the scope of the present study. Further analysis of the zonal momentum budget of Rossby waves and gravity waves in the extratropics is currently underway.

Using an AGCM with T42L90 resolution, Giorgetta et al. (2006) simulated a realistic period of the QBO and realistic $\mathbf{w}^\ast$. Wave forcing of resolved waves plus forcing due to parameterized gravity wave drag in their study (see their Fig. 10) was comparable to that in our study (Fig. 1a). Thus, wave forcing in the model used here may not have been largely overestimated. Detailed validation of wave momentum flux is discussed in Part II of this study.

Another possible reason for the short period of the QBO is that climatological ozone is used in this experiment. Shibata and Deushi (2005b) investigated the radiative effect of ozone on the QBO using an AGCM with coupled chemistry. In their interactive ozone run, the periods of the QBO were $\sim 1.5$–$1.8$ times longer than those in the noninteractive run, although a clear mechanism for the ozone effect was not mentioned in their study.

4. Equatorial trapped waves

The analysis in the previous section could not distinguish the relative contributions of EQWs and internal gravity waves to driving the QBO. Therefore, separate wave components are examined in more detail in this section. Because convection is the strongest source of waves in the tropics, it is important to investigate how realistically convective activities are simulated. Convectively coupled EQWs could be the source of EQWs propagating into the stratosphere (Wheeler et al. 2000; Kawatani et al. 2009; Kiladis et al. 2009). To evaluate how well the
model used in this study simulates convectively coupled EQWs, space–time spectral analysis of outgoing long-wave radiation (OLR) was performed using daily data from the National Oceanic and Atmospheric Administration (NOAA) and the model output. Three years of data were used for the spectral calculation. NOAA OLR data from 1979 to 1981 were used when neither an El Niño nor a La Niña event occurred, based on the criteria for those events defined by the Japan Meteorological Agency. The procedure is briefly outlined below; further details have been provided by Wheeler and Kiladis (1999), Lin et al. (2006), and Kawatani et al. (2009). Grid data $D(\phi)$ as a function of latitude $\phi$ can be expressed as the sum of symmetric $D_S(\phi)$ and antisymmetric $D_A(\phi)$ components, with $D_S(\phi) = [D(\phi) + D(-\phi)]/2$ and $D_A(\phi) = [D(\phi) - D(-\phi)]/2$. The OLR data were decomposed into symmetric and antisymmetric components. Space–time spectra were then calculated for successive overlapping segments of data and averaged. Here, 128 days, with 78 days of overlap between each segment, were calculated.

Figures 4a and 4b show zonal wavenumber–frequency spectra obtained by averaging the powers of symmetric and antisymmetric components [i.e., $(D_S + D_A)/2$] of the NOAA OLR and the model ($10^8S$–$10^8N$ average). Note that erroneous spectral peaks from artifacts of the satellite sampling in NOAA OLR data are not plotted (cf. Wheeler and Kiladis 1999). The spectra are red in both wavenumber and frequency, but differences between eastward and westward components are obvious. Although the model slightly overestimates (underestimates) westward (eastward) components, it relatively well simulates the spectral distributions. Lin et al. (2006) also reported that the present model was one of the best models available worldwide for realistically simulating spectral power at periods $\leq$6 days. The well-simulated spectrum of OLR in this study would result in better simulation of equatorial wave activity in the stratosphere (Horinouchi et al. 2003; Kawatani et al. 2009). On the other hand, the model underestimates the Madden–Julian oscillation (MJO), although disturbances associated with the MJO do not directly contribute to driving the simulated QBO (not shown). It is generally difficult to simulate realistic MJO in present GCMs (Lin et al. 2006).

The dispersion relation of EQW modes in shallow-water equations on an equatorial beta plane is expressed as follows (Matsuno 1966):

$$\frac{m^2}{N^2} - k^2 - \frac{\beta k}{\omega} = (2n + 1) \frac{\beta |m|}{N}, \quad n = 0, 1, 2, \ldots, \quad (8)$$

where $m$, $\omega$, $N$, $k$, $\beta$, and $n$ are the vertical wave number, the intrinsic frequency, the buoyancy frequency, zonal wave number, meridional gradient of the Coriolis parameter, and order of the solution, respectively. The solutions of wave modes have structures trapped at the equator. For Kelvin waves ($n = -1$), the dispersion relation is the same as that for internal gravity waves with zero meridional wavelengths as follows:

$$\frac{\omega^2}{k^2} = \frac{g h_c}{m^2}, \quad (9)$$

where $h_c$ is the equivalent depth, which is connected with the vertical wavenumber as follows:

$$m^2 = \left( \frac{N^2}{gh_c} - \frac{1}{4H^2} \right), \quad (10)$$

where $H$ is the scale height; also, the vertical wavelength $\lambda_z$ is calculated from the vertical wavenumber as $\lambda_z = 2\pi/m$ (see Andrews et al. 1987 for detailed derivations of the above equations).
Figures 4c–f show the zonal wavenumber–frequency spectra of symmetric and antisymmetric components of OLR divided by the background spectra appearing in the NOAA OLR data and the model (10°S–10°N average). Figures 4a–b show the zonal wavenumber–frequency spectra obtained by averaging the powers of symmetric and antisymmetric components of OLR averaged from 10°N to 10°S. Spectral units are log_{10}(W^2 m^{-4} wavenumber^{-1} cpd^{-1}). The “background spectra” were calculated by averaging the powers of $D_A$ and $D_S$ and smoothing with a 1–2–1 filter in frequency and wavenumber. The dispersion curves indicate the odd and even modes of equatorial waves for the five equivalent depths of 8, 12, 25, 50, and 90 m. The frequency spectral width is 1/128 cpd.
inertia–gravity waves (hereafter, eastward- and westward-propagating inertia–gravity waves are referred to as EIGWs and WIGWs, respectively) are obvious in antisymmetric components in both the observation and model results.

Figures 5a–d show the zonal wavenumber–frequency spectra of the symmetric and antisymmetric components of zonal and meridional wind averaged from 82 to 35 hPa in July for the first year (10°S–10°N average). Because the spectra of wind components do not have a red noise–like background spectrum, normalization using the background spectra was not applied to the symmetric and asymmetric spectra. The dispersion curves of EQWs for the three equivalent depths of 8, 90, and 500 m are superposed under the assumption of zero background wind.

For zonally propagating waves, the intrinsic frequency \( \omega \) is written as follows:

\[
\omega = \omega - k\pi, \tag{11}
\]

where \( \omega \) and \( \pi \) are the ground-based frequency and background zonal wind, respectively. Note that the ground-based frequency \( \omega \) and zonal wavenumber \( k \) are conserved in the vertical, assuming that the background flow does not change in time or longitude, respectively, although the intrinsic frequency \( \omega \) and vertical wavenumber \( m \) vary according to the Doppler (11) and dispersion relationships. The distribution of zonal wavenumber–frequency spectra of momentum fluxes would be changed only if a wave were to undergo critical-level filtering and/or wave dissipation (Ern et al. 2008 and references therein).

Clear signals of Kelvin waves, MRG waves, \( n = 0 \) EIGWs, and \( n = 1 \) equatorial Rossby waves can be seen in Figs. 5a–d. The peaks corresponding to \( n = 1 \) EIGWs/ WIGWs become much clearer in spectra of meridional wind (Fig. 5c) in which Kelvin waves do not appear under zero background wind (Matsumo 1966). Note that the spectral distributions are relatively similar to those of OLR in the range of \( 8 \leq h_c \leq 90 \) m (Figs. 4c–f), which suggests a possible connection between stratospheric EQWs and tropospheric wave sources of convectively coupled EQWs (Kawatani et al. 2009). Other spectral peaks with periods of approximately 1 day and a wide zonal wavenumber range in both symmetric and antisymmetric components are also present. These wavenumbers may correspond to the tide and/or internal gravity waves generated by the diurnal cycle of convection (Kawatani et al. 2003, 2009).

To extract EQW components, an adequate equatorial wave filter is needed. The characteristics of the frequency/ zonal wavenumber spectra are helpful in creating an equatorial wave filter. First we must define the range of the zonal wavenumber and the minimum and maximum \( h_c \) of EQWs. The spectral mass of EQWs is found within \( 1 \leq s \leq 11 \) (Figs. 5a–d). Following previous studies, the wave components with relatively long horizontal wavelengths (\( s \leq 11, \lambda_s \geq 3600 \) km) are regarded as EQWs in the present study.

When zonally propagating internal gravity waves meet critical levels, the vertical wavelength (i.e., proportional to \( h_c \)) becomes small. In this study, the minimum \( h_c \) was set to 2 m, which corresponds to the vertical wavelength of \( \sim 1.1 \) km under \( N^2 = 6 \times 10^{-4} \) s\(^{-2} \). Because the vertical resolution of the model is 300 m, these waves could be resolved. Maximum \( h_c \) was set to 90 m, following previous studies (e.g., Ern et al. 2008; Alexander et al. 2008; Kawatani et al. 2009). In the case of Kelvin waves, \( h_c = 90 \) m corresponds to \( C_s \sim 30 \) m, which is larger than the amplitude of the QBO in the eastward wind phase. Ern et al. (2008) reported that an EQW with \( h_c \leq 90 \) m was mainly modulated by the QBO and that higher equivalent depths (\( 90 \leq h_c \leq 2000 \) m) showed less pronounced variation due to the QBO but more variation due to the SSAO.

Figures 5e and 5f show the spectral domain extracted by the equatorial wave filter. Dispersion curves with \( h_c \) of 2 and 90 m were drawn under the assumption of zero background wind. The zonal wind is small near the equatorial lowest stratosphere (Fig. 1a). The minimum period was set to 1.1 day (\( \sim 0.9 \) cpd) to avoid including waves with a period of 1 day. In calculating the zonal wave forcing associated with EQWs, overlaps between Kelvin waves and \( n = 1 \) EIGWs and between \( n = 0 \) EIGWs and \( n = 2 \) EIGWs were avoided. That is, a Kelvin/n = 1 EIGW and \( n = 0/\)n = 2 EIGW wave filter was applied. Fluctuations with \( s \geq 12 \) are analyzed as internal gravity waves. The wave filter was applied to temperature, wind, and geopotential height.

Although the extracted spectral ranges are decided by equivalent depths, they actually correspond to the specific ranges of the frequency and zonal wavenumber domains. Zonal wave forcing associated with EQWs can be investigated using this equatorial wave filter because the ground-based frequency \( \omega \) and zonal wavenumber \( k \) of a wave do not change unless the waves propagate in a mean flow that varies with time or longitude, respectively (Ern et al. 2008; Kawatani et al. 2009).

The longitude–time cross sections of the filtered temperature disturbances showed that global-scale \( s = 1, 2 \) Kelvin waves dominate with periods \( \sim 10–20 \) days and amplitude \( \sim 3 \) K (not shown). On the other hand, the simulated MRG waves have amplitude \( \sim 1.2 \) K with periods \( \sim 3–6 \) days and \( 3 \leq s \leq 5 \). These results are
consistent with those from the Constellation Observing System for Meteorology, Ionosphere, and Climate (COSMIC) GPS radio occultation (RO) data (Alexander et al. 2008) and SABER data (Ern et al. 2008). Furthermore, the spatial structures of the extracted EQWs in the stratosphere generally agree with those derived theoretically by Matsuno (1966) (not shown).

5. The relative role of equatorial trapped waves and internal inertia–gravity waves in driving the QBO

The relative role of EQWs and internal gravity waves in driving the QBO at the 10°S–10°N mean field is discussed in this section using the EP flux divergence [Eq. (3)]. Figure 6 shows time–height cross sections of the EP
flux divergence due to Kelvin waves/n = 1 EIGWs, MRG waves, n = 0/n = 2 EIGWs, and n = 1 plus n = 2 WIGWs at 10°S–10°N. Note that the color interval depicting Kelvin waves/n = 1 EIGWs is five times greater than that of the other EQWs. The connection of the equatorial Rossby waves between the upper troposphere and stratosphere is not very clear (not shown). The vertically propagating responses of convectively coupled equatorial Rossby waves are confined within a few kilometers of the wave generation (see discussions by Wheeler et al. 2000 and references therein). Therefore, we do not include a figure showing equatorial Rossby waves here. Zonal wave forcing due to eastward EQWs (left panels) corresponds well to the eastward wind shear phase of the QBO. Most eastward wave forcing lies around the 0 m s⁻¹ line of zonal-mean zonal wind. Eastward wave forcing due to the odd mode of eastward EQWs (i.e., Kelvin waves/n = 1 EIGWs) is much larger than that due to the even mode of eastward EQWs (i.e., n = 0/n = 2 EIGWs). For example, in July of the first year, the EP flux divergence due to all wave components is ≈4.8 × 10⁻² m s⁻¹ day⁻¹ around 35 hPa (Fig. 1a), whereas those divergences due to the odd and even modes are ≈1.7 × 10⁻¹ and 0.4 × 10⁻¹ m s⁻¹ day⁻¹, respectively. The contribution is ≈35% for the odd mode and 8% for the even mode. Consequently, eastward propagating EQWs contribute ≈43% of the total wave forcing around 35 hPa during this time period.

Zonal wave forcing due to westward EQWs (right panels) generally corresponds well to the westward wind shear phase of the QBO. Around 20–40 hPa, westward wave forcing due to MRG waves is stronger than that due to n = 1 plus n = 2 WIGWs. In contrast to eastward EQWs, the westward EQW contribution to driving the QBO is small. For example, in January of the second year, the EP flux divergence due to all waves is ≈4.0 × 10⁻¹ m s⁻¹ day⁻¹ around 28 hPa (Fig. 1a). On the other hand, the wave forcing due to MRG waves is ≈0.3 × 10⁻¹ m s⁻¹ day⁻¹, and the sum of total wave forcing due to westward EQWs is ≈0.4 × 10⁻¹ m s⁻¹ day⁻¹, representing only ≈10% of total westward wave forcing. As mentioned in section 1, some previous studies reported that the wave forcing due to MRG waves is small. An additional important point is that westward EQWs (i.e., the sum of MRG waves, n = 1/n = 2 WIGWs, and equatorial Rossby waves) also make small contributions

**FIG. 6.** Time–height cross section of monthly mean EP flux divergence (colors) due to (a) Kelvin waves/n = 1 EIGWs, (b) MRG waves, (c) n = 0/n = 2 EIGWs, and (d) n = 1 plus n = 2 WIGWs with equivalent depths from 2 to 90 m at 10°S–10°N. The color interval is 2.5 × 10⁻² m s⁻¹ day⁻¹ for (a) and 0.5 × 10⁻² m s⁻¹ day⁻¹ for (b)–(d); contour interval is 5 m s⁻¹ for the zonal-mean zonal wind.
to driving the QBO during the westward wind shear phase.

Figures 7a and 7b show the time variation of zonal-mean zonal wind, its tendency [$\overline{u}_t$; the left side of Eq. (4)], the EP flux divergence due to all wave components, eastward EQWs, westward EQWs, internal gravity waves, and forcing due to residual circulation [the first plus second terms of the right side of Eq. (4)] at 30 hPa averaged from 10°S to 10°N. The tendency of the zonal-mean zonal wind proceeds to the variation of the zonal-mean zonal wind. Generally, forcing due to residual circulation is opposite to the total wave forcing, and its absolute value is smaller than that of total wave forcing.

In the eastward wind shear phase, eastward wave forcing due to eastward EQWs is up to $2.5 \times 10^{-1} \text{ m s}^{-1} \text{ day}^{-1}$, whereas that by internal gravity waves is up to $5.0 \times 10^{-1} \text{ m s}^{-1} \text{ day}^{-1}$. The peaks of both eastward wave forcings occur at nearly the same time. The eastward EQWs during three peaks of strong eastward wave forcing (i.e., June of the first year, September of the second year, and October of the third year) contribute ~53%, 27%, and 43% of total wave forcing, respectively.

Westward wave forcing due to internal gravity waves is up to $-5.0 \times 10^{-1} \text{ m s}^{-1} \text{ day}^{-1}$, and that due to westward EQWs is up to $-0.5 \times 10^{-1} \text{ m s}^{-1} \text{ day}^{-1}$. Westward EQWs contribute up to 10% to QBO driving during the weak westward wind phase, but their contribution is

FIG. 7. Time variation of (a) zonal-mean zonal wind and its tendency; (b) monthly mean EP flux divergence due to all waves (black), eastward EQWs (blue), westward EQWs (green), internal gravity waves (red), and forcing due to residual circulation (yellow) at 30 hPa averaged from 10°S to 10°N; and (c) EP flux divergence due to $s = 1-11$ (black), eastward EQWs (blue), westward EQWs (green), and large-scale non-EQWs (yellow). Note that the range of the ordinate axis of (c) is different from that of (a) and (b).
nearly zero during the relatively strong westward wind phase of the QBO (compare the blue line of Fig. 7a and the green line of Fig. 7b). Consequently, internal gravity waves play crucial roles in driving the QBO in the westward wind shear phase of the simulated QBO.

The EP flux divergence due to $s \leq 11$ but without extracted EQW components was also calculated to investigate large-scale wave forcing other than by the extracted EQWs (i.e., extratropical Rossby waves, large-scale gravity waves, tides, and EQWs with $h_a \geq 90$ m; hereafter called “large-scale non-EQWs”). Large-scale non-EQW components were determined as waves that do not satisfy the dispersion curves of EQWs with $2 \leq h_a \leq 90$ m [i.e., not in the hatched spectral domain in Figs. 5e,f with $s \leq 11$ and periods $>1.1 \text{ cpd}$ with $s \leq 11$ (not drawn in Figs. 5e,f)]. Figure 7c shows the time variation of the EP flux divergence of all components due to $s \leq 11$ and that due to large-scale non-EQWs ($10^7 \text{S}–10^8 \text{N}$ average). The wave forcing due to eastward and westward EQWs is drawn again in Fig. 7c. Note that the range of the ordinate axis is different from that in Figs. 7a and 7b. During the eastward wind shear phase, the contribution of large-scale non-EQWs is small. On the other hand, during the westward wind shear phase, westward wave forcing due to large-scale non-EQWs is comparable to that due to westward EQWs at this altitude. During the westward wind shear phase, most of the westward wave forcing associated with large-scale non-EQWs is due to Rossby waves propagating from the winter hemisphere, as suggested by the EP flux due to large-scale non-EQWs (not shown).

Figure 8 is as in Fig. 7, but for 15 and 45 hPa. General features are not very different from those at 30 hPa. However, it is clear that non-EQWs (i.e., extratropical Rossby waves) play more important roles at higher altitude during the westward wind shear phase (Fig. 8e). For example, in January of the third year, when the phase of the QBO changes from eastward to westward around 15 hPa (see blue line in Fig. 8a), extratropical Rossby waves contribute $\approx 24\%$ to the westward wind shear phase of the QBO. Extratropical Rossby waves make a much larger contribution to the westward wind shear phase in the upper level than in the lower level of the QBO (see yellow lines in Figs. 7c, 8e, and 8f) (cf. Ortland 1997; O’Sullivan 1997). On the other hand, at 45 hPa internal gravity waves (red line) explain most of total zonal wave forcing (black line) during the westward wind shear (Fig. 8d). As shown in Fig. 1d, these internal gravity waves mainly result from waves with $107 \leq s \leq 213$. Table 1 summarizes the relative contributions of waves to the QBO.
6. The QBO simulated with T106 resolution

In this section, the roles of internal gravity waves with \(107 \leq s \leq 213\) in the QBO in the lower stratosphere are discussed. The realistic lowermost level of the westward wind phase of the QBO (\(\sim 80\) hPa) was well simulated in the T213L256 AGCM (Fig. 1a), whereas it was not simulated by the same AGCM with T106L60 resolution (\(1.125^\circ\) horizontal grid; Kawatani et al. 2005, 2009) or by the Geophysical Fluid Dynamics Laboratory (GFDL) “SKIHI” AGCM with N90L80 resolution [1.2°–1° resolution on a longitude–latitude grid, Hamilton et al. (2001)]. Because the vertical resolution of T106L60 is about 550 m in the stratosphere, the comparison between the T213L256 and T106L60 AGCM simulations includes the effect of different vertical resolutions. Therefore, an experiment using T106 with the same vertical resolution of 300 m was conducted. The top boundary was set at about 1 hPa (\(\sim 50\) km; i.e., L152 levels), which is different from T213L256. However, a T106L152 AGCM would be sufficient for investigating the reproducibility of the QBO in the lower stratosphere.

Figure 9 is as in Fig. 1a but for T106L152 for 3 years. The absolute values of EP flux divergence are smaller than those in T213L256, but they are comparable to those with \(1 \leq s \leq 106\) in the T213L256 AGCM (not shown). The \(\vec{w}_s^*\) in the T106L152 run is approximately half that in the real atmosphere (not shown) as in T213L256 (Fig. 3). As a result, the QBO with a period of approximately 2 years is seen. The most important result in Fig. 9 is that westward wave forcing around 45 hPa is much smaller than that in T213 (Fig. 1a), and the lowermost level of the westward wind phase of the QBO is located around 40–50 hPa. These results strongly support the conclusion that very small scale internal gravity waves (\(\lambda_s \leq \sim 370\) km) play crucial roles in the westward wind shear phase of the QBO in the lower stratosphere.

7. Summary and concluding remarks

This study has investigated the roles of EQWs and internal gravity waves in driving the QBO using an AGCM with resolution of T213L256 integrated for three years. The model, which does not use a gravity wave drag parameterization, simulates QBO (QBO-like oscillation) and SSAO. The simulated QBO has a shorter period than the QBO of the real atmosphere, which would result from underestimation of mean ascent motions (\(\vec{w}_s^*\)) in the tropics. The amplitude and lowermost levels of the QBO are realistically simulated.

The model well simulated convectively coupled EQWs, which are important for representing EQW activity in the stratosphere (Kawatani et al. 2009). The choice and tuning of cumulus convective parameterization could affect the results. The EP flux divergences of all wave components indicate that spontaneously generated waves resolved in the model drive the QBO. The zonal wavenumber–frequency spectra of EP flux divergence illustrate that wave forcing with smaller horizontal scale and faster \(C_x\) dominated in the westward wind shear phase compared to that in the eastward wind shear phase.

EQWs with equivalent depths in the range of 2–90 m from the \(n = -1\) mode to \(n = 2\) mode were extracted separately in the range of \(s \leq 11\). Fluctuations with \(s \geq 12\) are analyzed as internal gravity waves. In the eastward wind shear of the QBO, eastward EQWs contribute up to 25%–50% for driving the QBO. The peaks of eastward wave forcing associated with EQWs and internal gravity waves occur at nearly the same time at the same altitude. On the other hand, westward propagating EQWs (i.e., MRG waves, \(n = 1\) and \(n = 2\) WIGWs, and equatorial Rossby waves) contribute up to 10% for

![Fig. 9](image-url)
driving the QBO during the weak westward wind phase, but their contribution is nearly zero during the relatively strong westward wind phase. Extratropical Rossby waves from the winter hemisphere contribute ~10%–25% in the westward wind shear phase, and their contribution is larger in the upper level of the QBO. Internal gravity waves with zonal wavelength ≤1000 km provide the main contribution to the westward wind shear phase. Comparison between T213 and T106 AGCMs supports the conclusion that internal gravity waves with 107 ≤ s ≤ 213 play crucial roles in the westward wind shear in the lower stratosphere.

Horinouchi and Yoden (1998) indicated that symmetric gravity wave modes (Kelvin waves and \( n = 1 \) WIGWs) account for approximately half of the transport and deposition of zonal momentum contributing to the QBO. The results of the present study generally agree with their findings for Kelvin waves but not for \( n = 1 \) WIGWs. The precipitation of their GCM was largest over the equator and smallest between 10° and 20° (see Fig. 1 of their paper), which is a preferable condition for generating a more symmetric \( n = 1 \) mode of EQWs. In addition, Horinouchi and Yoden considered \( n = 1 \) WIGWs with 1 ≤ s ≤ 30 in a T42 model, whereas we considered EQWs with 1 ≤ s ≤ 11 in a T213 model. The spectral domain of \( n = 1 \) WIGWs includes most of the westward waves of the symmetric mode when including zonal wavenumbers of s ≥ 12 (see Fig. 5e; extending the dispersion curves of \( n = 1 \) WIGWs to s ≥ 12). The use of an aquaplanet AGCM with uniform SST by Horinouchi and Yoden (1998) may also have contributed to the difference between their and our results.

Convectively coupled \( n = 1 \) WIGWs are underestimated in our model (Fig. 4), which might result in less activity of \( n = 1 \) WIGWs in the stratosphere. However, spectral analysis reveals that waves with \( \lambda_s \leq 1000 \) km contribute substantially to driving the westward wind shear phase of the simulated QBO, which could be shown using a much higher resolution model. Thus, it could be inferred that westward propagating EQWs make small contributions to driving the QBO.

The amplitude and periods of simulated Kelvin waves and MRG waves are comparable to those found by recent satellite-based observation studies (Ern et al. 2008; Alexander et al. 2008). We have also confirmed that small-scale internal gravity waves are well simulated in comparison to limited in situ observations (e.g., Sato and Dunkerton 1997; Sato et al. 2003; detailed explanation is provided in Part II of this study. See also Watanabe et al. 2008 and Sato et al. 2009). However, we do not have enough observations to verify the realism of the simulated wave forcing, especially for small-scale internal gravity waves. The fine vertical resolution of 300 m sufficiently resolves the majority of observed gravity waves, but T213 horizontal resolution is still insufficient to resolve very small-scale gravity waves (\( \lambda_s \leq 180 \) km). The roles of very small-scale internal gravity waves in driving the QBO should be investigated using an ultrahigh-resolution model.

In this paper, we have focused on investigating zonal-mean wave forcing in the field of 10°N–10°S. Recent satellite and modeling studies have indicated that wave activity depends greatly on zonal direction (Alexander et al. 2008; Ern et al. 2008; Kawatani et al. 2009). The three-dimensional distribution of wave forcing is discussed in Part II of this paper.

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